

Light Pollution and Birds

(Adapted from NewsKids.net)

Birds use the sun, moon, and stars to guide them when they fly. These lights show them the way. But bright city lights can confuse them. Sometimes, birds fly into windows because they cannot see the night sky.

Scientists say people can help by turning off lights at night when they are not needed. It also helps people see and enjoy the stars. Light pollution does not only harm birds, it is also waste energy. By switching off extra lights, we can save power, protect nature, and see the beauty of the night sky. Even a small change can make a big difference.